



2025

ANNUAL REPORT

FAMILY PLANNING ORGANIZATION OF THE PHILIPPINES, INC.

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About Us

Family Planning Organization of the Philippines (FPOP) is a non-stock, non-profit, service oriented organization providing quality sexual and reproductive health services to all Filipinos especially the poor and the underserved.

FPOP is one of the oldest and biggest volunteer organization in the Philippines. It was founded last August 4, 1969, out of the merger of two organizations that pioneered the family planning movement in the Philippines.

It is a member association of the **International Planned Parenthood Federation (IPPF)**.



Where We Work

FPOP has 12 active organizational chapters with 21 Community Health Care Clinics nationwide offering an integrated package of essential services on family planning and reproductive health

Chapters & Clinics

- Baguio-Benguet
- Pangasinan
- Pampanga
- Metro Manila
- Cavite
- Camarines Sur
- Sorsogon
- Masbate
- Iloilo
- Samar
- Davao
- SOCCSKSARGEN
- Surigao
- Samar



Our Vision

We envision a world where every woman, man and young person has access to sexual and reproductive health (SRH) information and services, and sexuality is seen as a natural and precious part of human life and a fundamental human right

Our Mission

We champion sexual and reproductive health and rights (SRHR) through advocacy and provision of reproductive health services especially to the poor, marginalized, socially excluded and underserved people including the young ones. We work in partnership with stakeholders at the national, chapter and community levels. We are committed to the eradication of HIV and AIDS, and the advancement of the right of everyone to enjoy a sexual life that is free from ill health, unwanted pregnancy, violence and discrimination.





A WORD FROM THE EXECUTIVE DIRECTOR

This year, FPOP will be celebrating its 57th year anniversary as an organization. Its contributions to the big strides that have been made on FP/RH policy environment, can not be understated. Gone were the days when contraception and FP can only be discussed in a clandestine manner. The average number of children per woman has gone down from 7 in the 60s down to the current 1.7 fertility rate. FP is already institutionalized as a mainstream program of the Department of Health as mandated by the Responsible Parenthood & Reproductive Health (RPRH) Law which was passed in 2012 after years of advocacy by the FPOP and its partner CSOs, together with community volunteers. Today, the number of couples practicing any methods of FP is rising.

Based on our service statistics data, FPOP has contributed to at least 4% to the modern Contraceptive Prevalence Rate (CPR) in regions where we are operating. We may be guided by the principle of Informed Choice and Volunteerism (ICV) in dealing with our beneficiaries, but clearly, our bias is towards modern FP. But our current CPR lags behind compared to our fast-developing neighboring countries.

Personally, I am inspired at how successful the family planning program is being implemented in Thailand with CPR of 78%. What is striking is that, their users of traditional FP methods comprise only 2%. We feel challenged by how 14% of our FP users are into traditional methods while we only have 40% for modern FP. There must be correlation between our low CPR to the high incidence of unplanned pregnancies and unsafe abortion incidence in the country. Both countries have almost the same number of populations in the 60s. Thailand population is now at 71M, while Filipinos expanded to 117M.

Speaking of other challenges on SRHR, we are equally alarmed by the high incidence of teen-pregnancy in the country. As you know, FPOP is putting so much premium on its youth empowerment program. After working actively to support the institutionalization of the Comprehensive Sexuality Education or CSE program within the Department of Education, we are now focusing our efforts to embark on the CSE for the out-of-school youth. This is after anti-rights conservative sectors have successfully lobbied to reverse our gains on CSE by prohibiting its discussions in public elementary schools.

We believe that when the world invests on the youth and women, everybody wins – when the youth, especially girls, are empowered there will be no teen pregnancies, no early marriages, no unwanted pregnancies and abortion. Likewise, when women are well-informed and educated, the fight against poverty is already halfway-won.

Looking forward to the future, we need to expand and sustain our programs and services, addressing the challenges in sexual and reproductive health among the marginalized sectors and key populations. Alongside the efforts to help address the rising teen pregnancies, FPOP is now embracing HIV awareness, prevention and treatment as a major core program, with support from DFAT-Australia through the IPPF, while implementing our RESPOND project. A timely response while the country is now considered having the fastest rising HIV cases in the ASEAN region. FPOP has to institutionalize its innovative approaches in expanding its programs and services to remain relevant and responsive to the current challenges on SRHR in more areas of the country.



NANDY SENOC
Executive Director

PERFORMANCE

Overview | 2025

The Family Planning Organization of the Philippines (FPOP) envisions a world where every individual has fundamental access to sexual and reproductive health (SRH) information and services, viewing sexuality as a natural and precious part of human life. As a member of the International Planned Parenthood Federation (IPPF), FPOP remains one of the country's largest volunteer-led organizations dedicated to serving the poor and underserved.

In 2025, FPOP's mission to champion sexual and reproductive health and rights (SRHR) was realized through a robust nationwide network and significant service delivery milestones:

Strategic Reach and Service Delivery

- **National Presence:** Operating through 12 active chapters and 21 Community Health Care Clinics nationwide.
- **Client Impact:** Reached an estimated 149,287 clients across various service channels.
- **Service Volume:** Provided a total of 1,122,218 services, with major contributions in HIV/AIDS services (294,348), Contraceptive services (205,592), and STI/RTI services (169,565)
- **Primary Channels:** Demonstrated a heavy reliance on Mobile/Outreach Clinics, which accounted for 60.1% of client reach and 59% of the total Couple Years of Protection (CYP) generated

Key Performance Highlights

- **Contraceptive Prevalence:** Contributed at least 4% to the modern Contraceptive Prevalence Rate (CPR) in its operating regions.
- **Protection Generated:** Achieved a total of 25,901.5 Couple Years of Protection (CYP).
- **Method Preference:** Implants emerged as the most significant method, contributing 41.7% of the total CYP.
- **Commodity Distribution:** Distributed over 541,000 items, including 439,210 male condoms and 65,790 units of oral contraceptive pills.

FPOP - Number of Services Provided

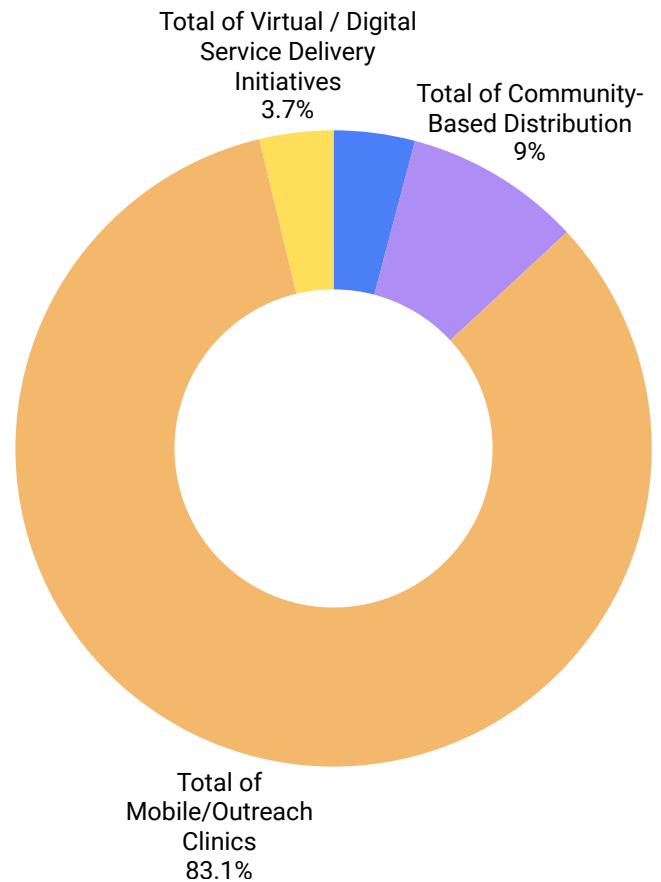
	# of Services Provided
Contraceptive Services	205,592
Gynecological Services	124,575
Obstetrics Services	41,347
Post Abortion Care (PAC) Services	3,235
HIV /AIDS Services	294,348
STI/RTI Services	169,565
Pediatrics Services	8,177
Subfertility Services	15,455
Urology Services	20,374
Specialized and SGBV Services	70,064
Other SRH Services	45,962
Non SRH Services	123,524
Total Services	1,122,218

- Total of Associated Health Facilities
- Total of Community-Based Distribution
- Total of Mobile/Outreach Clinics
- Total of Virtual / Digital Service Delivery Initiatives

Clients vs SDP

For the year 2025, the total estimated client reach across all service delivery channels is 149,287. The data indicates a heavy reliance on mobile and outreach services to engage the majority of the population.

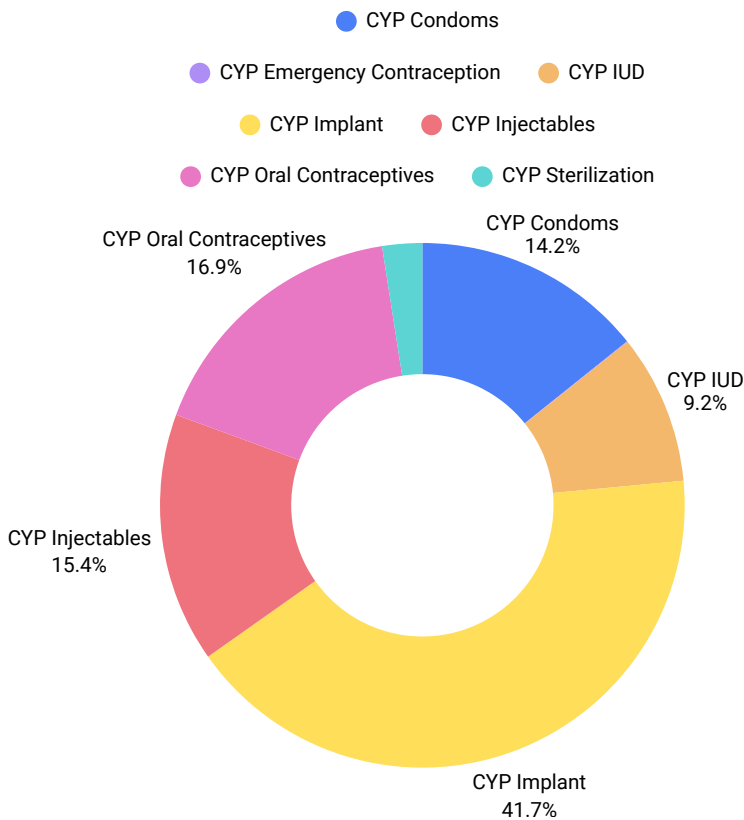
- Mobile/Outreach Clinics: 89,767 (60.1%)
- Static Clinics: 41,323 (27.7%)
- Community Based Distribution: 9,703 (6.5%)
- Associated Health Facilities: 4,448 (3.0%)
- Digital/Virtual Service Delivery Initiatives: 4,046 (2.7%)



FPOP - Items Provided

Items Provided	Total
EC Pills	233
Female Condoms	3,660
IUCD- 10 year	500
IUCD- 5 year	26
Implant-3 years	4,321
Injectables-1 Month	16,478
Injectables-3 Months	10,881
Male Condom	439,210
Oral Pills (progesterone only)	3,605
Oral pills (combined)	62,185
Total	541,099

CYP (Couple Year Protection)



In 2025, FPOP generated a total of 25,901.5 Couple Years of Protection (CYP), with implants serving as the most significant method, contributing 10,802.5 CYP. The delivery of these services was dominated by Mobile Outreach Clinics, which accounted for 15,256.3 CYP (approximately 59% of the total), followed by Static Clinics at 7,751.1 CYP. Other major contributors included oral contraceptives (4,386.0) and injectables (3,987.9), while community-based distribution and private providers played smaller supporting roles.

Our Reach

Bridging the Gap for Women, Youth, and Marginalized Groups

84% clients who are marginalized and excluded

67% clients who are female

14% clients who are 10 to 19 yrs old

32% clients who are 10 to 24 yrs old

7% humanitarian clients



Our impact is defined by a steadfast commitment to those the world often leaves behind, with 84% of our clients identifying as marginalized or excluded. By centering our efforts on gender equity and the next generation, we ensure that 67% of our reach supports women and nearly a third of our services empower youth aged 10 to 24. From providing a critical lifeline to the 7% of our clients in humanitarian crises to guiding adolescents through their most formative years, we aren't just providing services—we are bridging the systemic gaps that hinder human potential.

Center Care on People: FPOP chapters expanded mobile and outreach activities (RESPOND II) in partnership with LGUs and private groups, reaching GIDAreas. HIV community-based motivators engaged key populations through dating apps and sundownservices, while clinicsextended evening hoursto accommodate clients.

Clinics also provided IPES+ services with regular technical assistance from the NO. Select clinics underwent QOC monitoring. Two OHAT clinics and two YAKAP Primary Care Clinics were newly accredited, while FP, maternity, TB, and Animal Bite clinics renewed theirs.



Extending the FPOP Care



In a significant expansion of its service network, FPOP officially inaugurated and launched two new community healthcare clinics in Borongan, Eastern Samar, and Calbayog, Samar. These strategic facilities serve as vital hubs for sexual and reproductive health (SRH), specifically engineered to bridge the healthcare gap for marginalized and underserved populations in the region. By establishing a permanent presence in these key areas, the clinics provide a safe, inclusive environment where individuals can access professional medical consultations, family planning resources, and essential wellness services. This expansion reinforces the organization's commitment to ensuring that high-quality, rights-based healthcare is accessible even in the most remote provinces, empowering local communities through reliable and dignified care.

To further bolster our clinical capacity and service quality, FPOP successfully expanded its network of certified facilities through several key accreditation milestones. Two OHAT clinics and two YAKAP Primary Care Clinics achieved new accreditation, solidifying their role as specialized hubs for comprehensive HIV care and integrated primary health services.

Simultaneously, we maintained the rigorous standards of our existing infrastructure, with our Family Planning (FP), Maternity, Tuberculosis (TB), and Animal Bite clinics all successfully renewing their official accreditations. This blend of growth and sustained compliance ensures that our clients continue to receive high-quality, specialized care across a wide range of health needs. By securing these credentials, we reaffirm our commitment to providing safe, professional, and accessible clinical services that meet the evolving demands of the communities we serve.

Center Care on People

SRH in Emergencies: Advocating for SRH as Part of Disaster Response



Following Typhoon Kristine in November 2024, Family Planning Organization of the Philippines urgently responds to serve even during disasters through a strategy called Minimum Initial Service Package (MISP) by conducting and Sexual and Reproductive Health Medical Mission (SRHMM), bringing essential SRH services to those who are unable to access functioning health facilities in the aftermath of disasters.



FPOP emphasizes that: sexual and reproductive health services must be fused into disaster preparedness and response efforts. Access to contraception, maternal care, and reproductive health information should not be treated as secondary concerns, but as essential components of humanitarian response and assistance.

In Masbate, FPOP with its LGU partners and volunteers have served a total of 4,422 clients during the SRHMM. These efforts show that integrating SRH into emergency response protects lives, dignity, and health even in crisis situations. As disasters become more frequent, FPOP continues to call for SRH to be recognized as an essential, life-saving part of all humanitarian responses.



Center Care on People

SRH in Emergencies: Advocating for SRH as Part of Disaster Response

Following the devastating impacts of Typhoon Uwan in Catanduanes, which left over 230,000 individuals affected, immediate emergency action was required to address critical healthcare gaps. With infrastructure heavily damaged and health facilities disrupted, overcrowding heightened protection risks—particularly sexual and reproductive health (SRH) risks and gender-based violence (GBV) for women and girls.

To counter this crisis, the Family Planning Organization of the Philippines (FPOP) mobilized a comprehensive humanitarian intervention.



Medical Reach and Client Outcomes

Through 20 strategically deployed mobile medical missions combining healthcare delivery, referrals, and health education, the response yielded extensive coverage across the province.

- **Total Clients Served:** The missions successfully reached **3,432 unique clients**.
- **Key Demographics:** Women of reproductive age constituted the vast majority of beneficiaries, making up approximately **73% (2,490 clients)** of the total served. Additionally, the teams provided targeted care to **409 pregnant** individuals, 362 pediatric patients, and **171 adult males**.
- **Services and Commodities Delivered:** In total, the intervention successfully distributed a massive volume of contraceptive support—including **2,118 condoms, 1,322 injectables,** and over **1,200 oral contraceptive packs**. This contributed to an overall output of 21,075 direct services delivered, effectively spanning contraception (10,200 services), HIV/AIDS screenings (2,203 services), STI care (1,483 services), and sexual and gender-based violence (SGBV) support services (1,280 services).



Through the operationalization of MISP and deep coordination with local government units, the response successfully institutionalized immediate reproductive healthcare and established a resilient framework for future disaster readiness in the region.

Strengthening HIV Response



The National Office demonstrated a powerful commitment to healthcare equity in 2025 by spearheading three comprehensive community-based screening (CBS) trainings strategically localized across Luzon, Visayas, and Mindanao. These nationwide sessions empowered local healthcare workers with the skills necessary to provide life-saving diagnostics at the grassroots level.



Building on this momentum, FPOP forged vital partnerships with Regional Centers for Health and Development (RCHD), effectively bridging the gap between community outreach and institutional excellence. These collaborations opened critical access to specialized HIV trainings, which are a prerequisite for One-Stop-Shop HIV/AIDS Treatment (OHAT) accreditation. By securing these pathways to accreditation, FPOP is not only increasing the volume of its services—which reached 294,348 HIV/AIDS-related interactions this year—but is also ensuring that its 21 Community Health Care Clinics meet the highest national standards for integrated, high-quality care.



Advocacy advanced through festival-based myth-busting, institutional milestones such as PhilHealth accreditation and Kabataang FPOP strengthening, and indigenous youth engagement. SGBV integration also strengthened, with barangay monitoring, tailored IEC materials, and youth-led prevention modules embedding protection.





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Philippines

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PPP

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